



# Uchi Deshi Application

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Country: \_\_\_\_\_

Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_ Sex: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

Rank: \_\_\_\_\_ Teacher: \_\_\_\_\_

Dojo: \_\_\_\_\_ Association: \_\_\_\_\_

Date(s) of stay: From \_\_\_\_\_ to \_\_\_\_\_ (MM/DD/YYYY)

## Uchi no Deshi

Japanese term meaning personal student of the dojo Sensei. One who lives and trains at the dojo, totally immersing him/herself in "The Way".

## Commitment

A person applying for uchi deshi status should understand that this commitment is not to be taken lightly. Although the rewards for one who totally immerses in Aikido are great, the hardships of uchi deshi life can also be great. Training is constant, living conditions are austere, while the demands for care and cleaning of the dojo and attention to the needs and wishes of Sensei are unrelenting. For these reasons, one should consider very carefully before committing to a period of study as uchi deshi.

## Living Arrangements

A space above the mat area is provided as living/sleeping quarters for the uchi deshi. This personal space is to be maintained in an orderly fashion at all times. The Uchi deshi dues include rent for the space and training dues. All of Sensei's seminars are free of charge.

## Training

Training is one of the top priorities as uchi deshi. You are expected to develop healthy living habits so that you are always alert for classes. Train with respect and good attitude towards yourself and others; and train in all classes, kids and adults.

## Maintenance

Uchi deshi are responsible for the overall daily maintenance and care of the dojo. All areas should be clean, shomen, mat area, dressing rooms, bathrooms, shower, offices, lounge, kitchen, front and rear entrances, etc. Also if something needs to be repaired, you are responsible for either fixing it yourself or arranging to have it fixed.

## Administration

Uchi deshi also help run the business side of the dojo. This includes answering phone calls and fielding questions from prospective students via phone, e-mail, or in person. Moreover, uchi deshi help with advertising, managing supplies, and taking payments from members.

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