



# AIKIDO of San Leandro

1033 Macarthur Blvd., San Leandro, CA 94577 • (510) 430-2518

## CLASS SCHEDULE

<b>Monday</b>	6:30 - 7:30 pm 7:30 - 8:30 pm	Beginners Advanced
<b>Tuesday</b>	6:30 - 7:30 am 5:00 - 6:00 pm 6:15 - 7:15 pm 7:30 - 8:30 pm	Morning Class Children (6-12 years) Women's Class Advanced
<b>Wednesday</b>	5:00 - 6:00 pm 6:30 - 7:30 pm 7:30 - 8:30 pm	Juniors (11-14 years) Beginners Weapons
<b>Thursday</b>	6:30 - 7:30 am 5:00 - 6:00 pm 6:30 - 7:30 pm	Morning Class Children (6-12 years) Advanced
<b>Friday</b>	6:30 - 7:30 am 5:00 - 6:00 pm 6:00 - 7:00 pm	Morning Class Children (8-14 years) Teens/Adults
<b>Saturday</b>	8:30 - 9:30am 10:00 - 11:30 am	Children's Class (3-6 years old) Weapons
<b>Sunday</b>	10:30 - 12:00 pm	Informal Training